

ATTENTION MILESTONES

Age

milestones

0 – 1year

- Child is easily distracted and their attention easily moves from one thing/person to another.
- Attention is mostly given to an appealing sensory item
- Attention is fixed. Child focuses on one thing at a time.
- Child is able to focus much longer on self-chosen activities.

1 - 2years

- They ignore other distractions to focus on what they are doing. At this point, your child may seem to be ignoring you when you call them.

2 – 3years

- Child still focuses on only one thing at a time but can shift attention to another thing with adult's assistance.

ATTENTION MILESTONES

3-4 years

- Child beginning to control own attention. Still single channelled but can be stopped / restarted under child's control without adult support.
- Child is able to do 2 things at once. Attention span is short but can be taught in a group. Child is ready for whole class teaching.

COMMUNICATION MILESTONES FROM 0 – TO 3YEARS

AGE	RECEPTIVE	EXPRESSIVE
<p>0 -3 months</p>	<ul style="list-style-type: none"> • Makes eye contact. • Turns towards sound. • May recognize familiar voices. • Child smiles when you talk 	<ul style="list-style-type: none"> • Coos • Expresses themselves mainly through crying. They have different cries for different needs. • Child smacks lips and shows rooting reflex to communicate they are hungry. • Smile at others
<p>4 – 6 months</p>	<ul style="list-style-type: none"> • Moves eye towards where a sound is coming from. • Child notices objects/toys that makes sound. • Listens when spoken to. • Watches faces intently when interacting with someone. 	<ul style="list-style-type: none"> • Coos and uses consonants in babbling. Eg. ba, da, ma. • Responds to an interaction by making sounds. • Requests for attention by babbling • Makes different sounds to express themselves. • Laughs out loud

	<ul style="list-style-type: none"> • Begins to turn towards where their name is being called from. 	
7 – 9 months	<ul style="list-style-type: none"> • Looks at objects when talked about • Imitates actions and gestures. • Looks at familiar people and objects when named. • Follows simple instructions with gestures within a context. 	<ul style="list-style-type: none"> • Still babbles but with increased consonants. • Shows recognition of familiar/commonly used words by making sounds.
10 – 12 months	<ul style="list-style-type: none"> • Responds to simple instructions such as “come”, “give me ball.” • Understands when you say “no” 	<ul style="list-style-type: none"> • Uses “mama”, “dada” functionally. • Imitates speech sounds. • Uses one to three words. • May say first words. • Points to request
13 – 15 months	<ul style="list-style-type: none"> • Shows interest in pictures. • Understand approximately 50 words. • Can identify 1 to 2 body parts, familiar people and toys when named. 	<ul style="list-style-type: none"> • Uses more nouns. • Combines sounds and gestures. • Imitates simple words and actions. • Babbling has rhythm of speech

<p>16 – 18 months</p>	<ul style="list-style-type: none"> • Understands concepts such as in/on • Can understand and follow one step instructions. • Able to identify objects in books. • Maintain eye contact with person talking to him/her 	<ul style="list-style-type: none"> • Begins to respond to simple questions such as nodding or shaking head for yes/no questions. • Says 8 to 20 words you can understand. • May use 2 words to describe an object or to make request. Eg. “Mummy egg”
<p>19 – 24 months</p>	<ul style="list-style-type: none"> • Understands basic pronouns (I, you, my) • Understand action words. Eg dance, run etc • Begins to follow two step instructions. eg. pick up your chair and sit down. • Enjoy stories 	<ul style="list-style-type: none"> • Can name at least 6 body parts. • Uses at least 50 body parts. • Uses a lot of gestures. • Begin to use pronouns. • Begin to make short sentences. • Speech not fully intelligible
	<ul style="list-style-type: none"> • Can follow 2 stage instructions. • May answer some “WH” questions. • Understand directional concepts such as “in front of, behind, beside, etc” 	<ul style="list-style-type: none"> • Asks “what” and “where” questions. • Speech is fully intelligible to caregiver and others. • Uses two-word sentences. • Names family members and peers.

2 – 3 years	<ul style="list-style-type: none">• Show basic understanding of colour, location and time.• Understand two-way conversation	<ul style="list-style-type: none">• Engages in short conversations.• Uses prepositions such as of, in, up, on
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MILESTONES ADAPTED FROM

1. Age-Appropriate Speech and Language Milestones, 2024. Stanford Medicine Children's Health.
2. Speech and Language Developmental Milestones. National Institute of Health, National Institute of Deafness and Other Communication Disorders. NIH Publication No. 00-4781. September 2010.